

# Mustard Tree

Supporting the homeless and marginalised

## Essential Food Store Items



If you feel you can contribute to our food store, it would be a great help if you could provide one or more of the following items:

### **DRIED**

Fruit  
Nuts  
Milk  
Eggs  
Cereal; porridge, muesli  
Vegetables (including Mash)  
Mash

### **TINNED**

*(Ring pulls preferred)*  
Meats; Corn Beef, Ham, Chicken  
Ready Meals  
Cream (Milk)  
All Day Breakfast  
Vegetables  
Sardines and others

### **PACKETS/CARTONS**

Rice  
Pasta  
Noodles Snacks  
Flour  
UHT Milk  
Sugar  
Breakfast Bars  
Cereal

### **PERSONAL ITEMS**

Liquid soap  
Soap flakes  
Deodorant  
Body Wash and or Wipes  
Mouth Wash  
Soft drinks  
Shampoo Sachets  
Ladies Sanitary items  
Shaving Creams and lotions

**Thank You!**

If you'd like to donate financially you can now use the easy to use donate button on our website [www.mustardtree.org.uk](http://www.mustardtree.org.uk)