

# Mustard Tree

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Sessions	10:00 - 12:30 <b>Mental Health Wellbeing Support</b> Orange Room	10:00 - 12:00 <b>Job Club</b> IT suite  10:00 - 13:00 <b>Ashwood Solicitors Immigration and Housing (by appointment)</b> Blue and Orange Room	10:30 - 13:00 <b>Textiles</b> Art Studio  10:15 - 12:00 <b>IT/Computer Skills (Sign up required)</b> IT Suite  10:15 - 12:00 <b>Customer Service (Sign up required)</b> Performance Space  11:00 - 13:00 <b>ESOL (Term time only)</b> Training Room 1  11:00 - 13:00 <b>ESOL (Term time only)</b> Training Room 1	Open	10:00 - 12:00 <b>Job Club</b> IT suite  11:00 - 12:30 <b>English Conversation Club</b> Central Space	Open
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
Afternoon Sessions	Appointment Only <b>Guitar Lessons</b> Music Studio  14:00 - 15:00 <b>Chair Yoga</b> Health & Wellbeing Suite	14:00 - 16:00 <b>Art Class</b> Art studio	14:00 - 16:00 <b>Music</b> Recording Studio 1 & 2  14:00-16:00 <b>Art Class</b> Art studio	Closed	14:00 - 16:00 <b>Song Club</b> Performance Space	14:00 - 16:00 <b>Narcotics Anonymous</b> Training Room 1 & 2
Evening Sessions	Closed	19:00 - 21:00 <b>Narcotics Anonymous</b> Training Room 1 & 2	19:00 - 21:00 <sup>1st</sup> Wed of Every Month <b>Sanctuary</b> Break Out Space	Closed	Closed	Closed